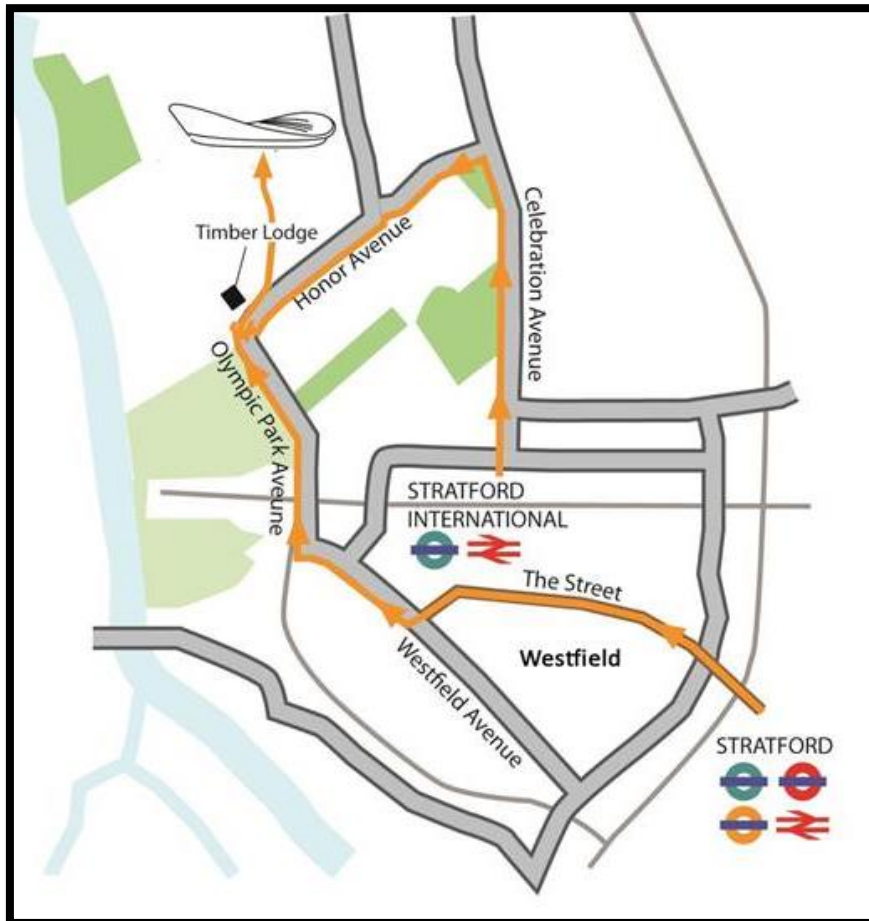


DIRECTIONS & JOINING INSTRUCTIONS FOR RIDERS & OFFICIALS

Lee Valley VeloPark is situated at Abercrombie Road, Queen Elizabeth Olympic Park, London, E20 3AB.



PEDESTRIAN ACCESS ROUTES

Parking

As you may be aware, there is very limited parking availability at Lee Valley Velopark and unfortunately we have been unable to secure exclusive use of the velodrome car park.

We do have a small allocation of spaces, and will be issuing all drivers with a car park pass, but we are not able to GUARANTEE a parking space will be available. We recommend that you arrive early to avoid disappointment as it will be a case of first come, first served. There is NO spectator parking.

To obtain your pass (which must be done ASAP), please complete the request form on the RIDERS page of the event website (www.bristowevents.co.uk).

Disabled Parking

There is disabled parking available for blue badge holders. Again this is first come, first served.

DIRECTIONS & JOINING INSTRUCTIONS FOR RIDERS & OFFICIALS (cont'd)

ON ARRIVAL AT THE VENUE

- Confirm your name with the Stewards on duty at the car park - they will give you a pass which you will need to display in your car.
- Drivers will be asked to park in the **UNRESERVED** spaces if any are available. Once these are full we will open the RESERVED area.
- If we reach a point where there are NO spaces free, you will be able to drop off your kit at the velodrome and then take the car to the multi-storey car park at Stratford International, which is open 24hrs.

Passes

All rider, media and helper passes (accreditations) can be collected from the **main reception area from 11.00am**. These must be arranged in advance through the organiser - we will not be selling passes on the door.

Track Access & Timings

Track centre access is available from 11.00am but please note that due to a private hire session taking place **YOU WILL NOT HAVE ACCESS TO THE TRACK ITSELF until 2.00pm**. To cater for the number of riders you will only have one 15 minutes track acclimatisation session. The rest of your warm up should be done on rollers, turbos or the warm up/warm down area in the infield.

Rollers

Please remember to bring rollers etc with you as there is NOT a supply of these at the venue.

DIRECTIONS

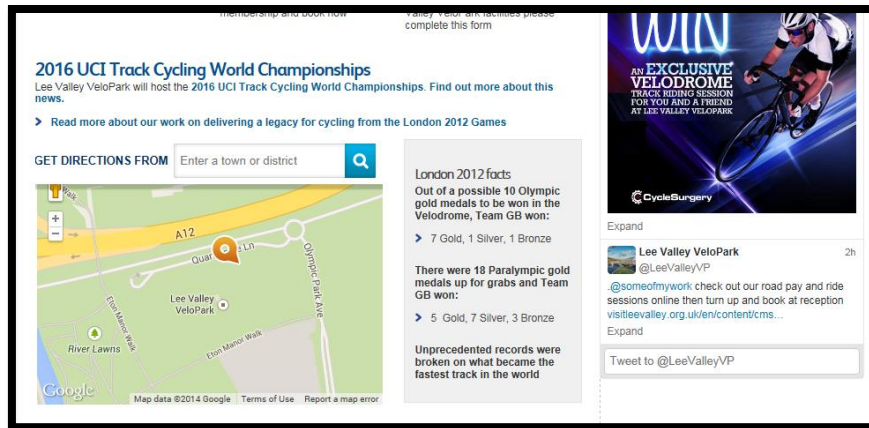
By Road

The post code for the Velodrome is E20 3EL but many satnav systems are not yet registering the address because it is so new. However, the roads listed below are on Google Maps which you may find helpful. These directions apply to anyone approaching via the A12.

- From A12 (Blackwall Tunnel Northern Approach) exit at Bow roundabout and take the **A118 (Stratford High Street)**.
- From Stratford High Street turn LEFT into **Warton Road** (this is the first major junction you reach on Stratford High Street so you can't miss it).
- Follow Warton Road as it bears right at a small roundabout and becomes **Montfitchet Road**.
- Take the 2nd LEFT off Montfitchet Road (**Westfield Avenue**).
- Take the 2nd RIGHT off Westfield Avenue (**Olympic Park Avenue**)
- Stay on Olympic Park Avenue and follow it all the way to the Velodrome.

DIRECTIONS & JOINING INSTRUCTIONS FOR RIDERS & OFFICIALS (cont'd)

If you're arriving by car via a different route, please go to the velopark page of the Lee Valley website (<http://www.visitleevalley.org.uk/en/content/cms/london2012/velo-park/>) and scroll to the bottom where you'll find a useful googlemaps gadget to help you plan your route.



By Rail

Nearest station/tube: Stratford / Stratford International and Lee Valley VeloPark is a 20 minute walk from both stations.

Stratford station is served by:

Underground: Jubilee and Central Lines

Docklands Light Railway (DLR)

National rail: Abellio Greater Anglia for services to Liverpool Street and Essex and East Anglia

London Overground services

Stratford International station is served by:

Docklands Light Railway (DLR)

National Rail: Southeastern High Speed 1 services to St Pancras International

By Bus

Several bus routes connect to Stratford and Queen Elizabeth Olympic Park with the key routes being: 388, 308, 339, 97 and N205 which all stop near Lee Valley VeloPark. Stratford bus station and Stratford City bus station are both close by. Visit www.tfl.gov.uk for more information.

By Bike

There are cycle routes connecting Lee Valley VeloPark to local residential areas as well as the cycle routes through Queen Elizabeth Olympic Park. The venue is close to Sustrans National Cycle Network Route 1 and Barclays Cycle Superhighway CS2.

Bike racks are available at the venue.

DIRECTIONS & JOINING INSTRUCTIONS FOR RIDERS & OFFICIALS (cont'd)

On Foot

There are good pedestrian links to Lee Valley VeloPark from Westfield Stratford City, Hackney and Leyton. New routes will open to Lee Valley Hockey and Tennis Centre when it launches later this year.

Coaches & Minibuses

Coaches are drop off only. For schools, clubs and groups coaches should drop off their group using the three allocated coach bays, leave and return at the required pick-up time. There is no coach parking available for coaches to wait.